

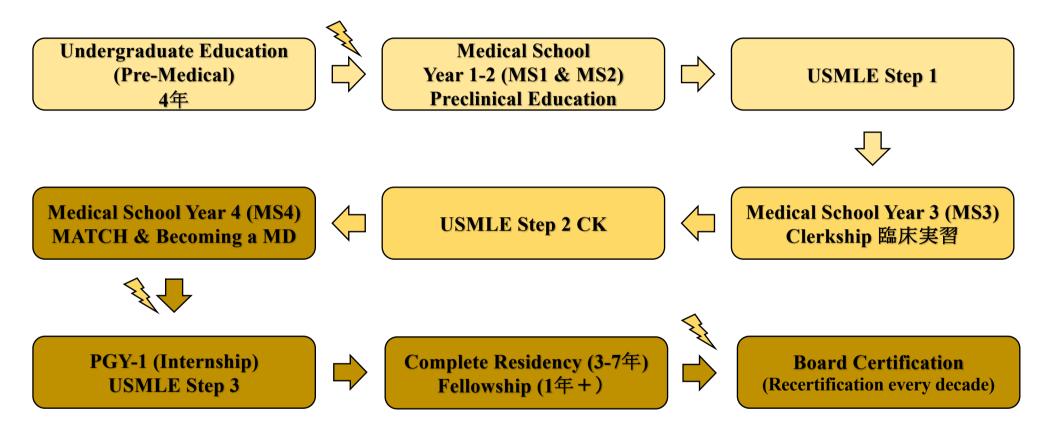
# **US Medical Students**

~Days in the life of medical students & beyond~

**Created & Presented by Yusuke Nakagawa** 

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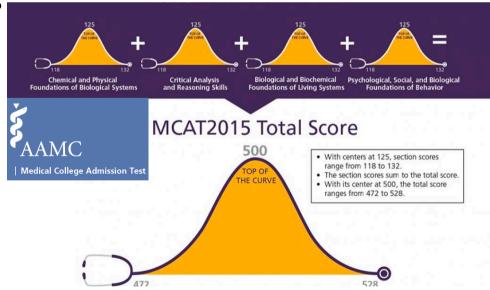
#### The general path of becoming an US physician (MD)



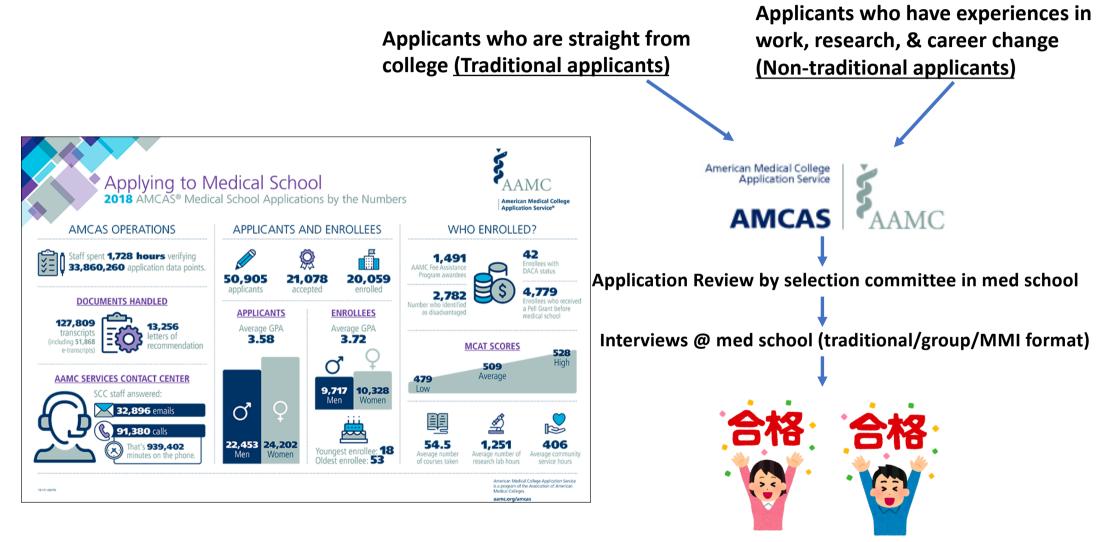
Combined Programs in medical school: BS&MD, MD&MPH, MD&MBA, MD&JD, MD&PhD Taking Research Year(s) during medical school & residency

#### **Requirements for Medical School Admission**

- 1) Undergraduate degree (not necessary to be a natural science degree)
- 2) Complete premedical courses (biochemistry, physics, biology, sociology, & psychology)
- 3) High Undergraduate GPA
- 4) Competitive MCAT Score (Medical College Admission Test; Standardized Exam)
- 5) Personal Statement (Explain why medicine? why physicians?)
- 6) Recommendation Letters from MD/Professors
- 7) Lab Research/Volunteer Experiences



#### Medical School Admission (similar to residency selection process)



### Day 1 of Medical Student

#### White Coat Ceremony (Getting a white coat & stethoscope)







## 1st Year Medical Student (High learning curve..)

Studying: <u>Anatomy</u> through cadaver dissections, <u>Histology</u>, <u>Physiology</u>, <u>Biochemistry</u>, <u>Embryology</u>, <u>Pharmacology</u>, <u>Pathology</u>, <u>Immunology</u>, <u>Microbiology</u>, <u>Hematology/Oncology & Ethics</u> (most learned by organ systems; exams & quizzes every week...)

Group Learning Activities: PBL, CBL, group discussions

**Extracurricular activities & leaderships** 

**Standardized Patients/OSCE** 

Research (Bench lab work vs translational research)

Extra degree pursuit (Classes for MBA & MPH)

**Student-run Clinics** 

Preceptorships



All grades are Pass/Fail (But there is an internal class ranking..)

#### 2nd Year Medical Student (Manageable but the USMLE..)

- Complete studying Pathophysiology & Pharmacology OSCE/Standardized Patients
- **Extracurricular activities & leaderships**
- Research (Bench lab work vs translational research)
- Extra degree pursuit (Classes for MBA & MPH)
- **Student-run Clinics**
- Preceptorships
- Pass the USMLE STEP 1!!!





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USMLE
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UNITED STATED MEDICAL LICENSING EXAMINATION

## **3rd Year Medical Student (The most challenging time!!)**

**Complete Core Clinical Clerkships (Start working as a doctor)** 

Must complete: <u>Family Medicine</u>, Internal Medicine, Surgery, <u>Pediatrics</u>, Neurology/Psychiatry, & OBGYN

Take Shelf Exams @ the end of every core clerkship Expected to Work as the same level as 初期研修医 in JP!

Long working hours & then study... Stressful!

Take the USMLE STEP 2 CK!

Examination
Step 2 CK

United States Medical Licensing

Clerkship is graded traditionally: Fail, Pass, High Pass, & Honor

Evaluations from medical providers mainly by attending physicians (Important for applying to residency)



#### 4th Year Medical Student (The happiest year in med school!)

- Select your specialty
- Must complete sub-Internship based on your specialty
- Apply for residency through ERAS & <u>Supplemental ERAS (new</u>) MATCH!!! Match day: 3/18/22
- All medical schools & their education are screened by
- Very flexible schedule & almost exam-free life :)
- **Obtaining a MD!**





MEDICAL EDUCATION





### **Residency Training (Working as a trainee/doctor)**

Complete the Intern Year (PGY1) & USMLE STEP 3!

Finish remaining years of training!

Research

Additional degree pursuits (Ph.D., MBA, MPH, MS, MA)

All Quality of Training are screened by ACGME

Accreditation Council for Graduate Medical Education



For more details about specialties, please visit: https://www.aamc.org/cim/explore-options/specialty-profiles

#### **Careers in Physicians (Not necessary practicing medicine)**

- **Complete fellowships for further specialization**
- **Private practice**
- Academic physician (Research & Education & Clinician; each weight varies) Entrepreneurships/Businesses
- **Consulting jobs (from pharmaceuticals to finances)**
- Government agencies (NIH, CDC, VA, FEMA, Surgeon General of the US)
- Governing bodies (AAMC, USMLE, LCMC, FSMB, ACGME, etc.)
- Youtubers?!





